Empathy-driven Design for Emotional Wellbeing

Fabio Casati - University of Trento lifeparticipation.org

Take-Home Points

- 1. There is a huge cut of the population that is not served today by sw apps
- 2. The reason for this is that companies are unable to design applications that meet their needs Requirements, ethnographic study, modeling,...
- Empathy-driven design makes it easy to design apps that delivers the benefits people need Way beyond agile
- 4. Europe has a huge competitive advantage

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welcome!

The Life Participation team designs and develops solutions that make people's lives a little bit better. The starting point of what we do is an attention to people's needs in terms of emotional wellbeing. We work with people, spending time as possible in the "field" (the world) rather than in the lab, to create innovations that make a difference. (Learn more)

facebook

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and always will be.

Name:

Name:

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I am: Select Sex: \$

rthday: Month: \$ Day: \$

Why do I need to provide

By clicking Sign Up, you a that you have read and u Policy, including our Coo

Sign Up

Create a Page for a celebrity, ban

> erms and Data Use

Typical design (process) flaws

- Context in which they are used, and why
- Independent, unassisted usage
- Remind them that they are old (starting from the logo or name)
- Too complex. And, by the way, the remote control is way too complex....

Disconnect

- Lack of understanding of some of the key needs
- Lack of understanding of how to address them

 Source: developers are not users AND often proceed on fundamentally wrong assumptions AND have a narrow goal AND are not sufficiently agile

Flexibility?



Fabio Casati, Life Participation Sign Out

App Summary

Resolution Center

Use the Resolution Center to correspond with App Review until all issues with your app version have been resolved.

Binary Rejected Dec 11, 2011 09:03 AM

Reasons for Rejection:

10.6: Apple and our customers place a high value on simple, refined, creative, well thought through interfaces. They take more work but are worth it. Apple sets a high bar. If your user interface is complex or less than very good it may be rejected

Dec 11, 2011 09:03 AM. From Apple.

10.6

We also found the user interface of your app is not of sufficient quality to be appropriate for the App Store. Apps that provide a poor user experience are not in compliance with the App Store Review Guidelines.

Specifically, we noticed your app only allow the user to add people on the first run and there is no way to add more family members at a later time.

Please evaluate whether you can make the necessary revisions to improve the user experience of your app.

Wishes (besides health)

- Connect w family. know/see what they are up to.
- Be proud
- Contribute to society
- Feel alive, be part of life. Have fun. Dance.
- Love

DE UN TIEMPO...

...A ESTA PARTE





EU's competitive advantage

- Most researchers, developers, entrepreneurs think old people should just be alive. Products done by engineer
- Benefit of being 40+, benefit of being in Europe.



people

embedding

empathy

openess

Mantras

context, simplicity independence, adaptiveness



Patricia Silveira Research Collaborator



Cristhian Parra Research Collaborator



Iman Khaghani Far Research Collaborator



Marcos Baez Research Collaborator



Beatrice Valeri Research Collaborator



People



























Diana Carolina López Visual designer







Galena Kostoska Developer







Katarzyna Di Meo Developer





Ivan Leonardi System administrator





Michele Lunelli Backend Developer





Simone Casagranda Developer







Paolo Furlan Developer

V





Maurizio Cainelli Developer







Simone Melchiori Developer





Jan Tomasi Developer





Massimiliano Battan Developer







Carlos Rodriguez Research Collaborator







Research Collaborator









Jovan Stevovic Research Collaborator





Pavel Kucherbaev Research Collaborator







beyond ethnographic studies

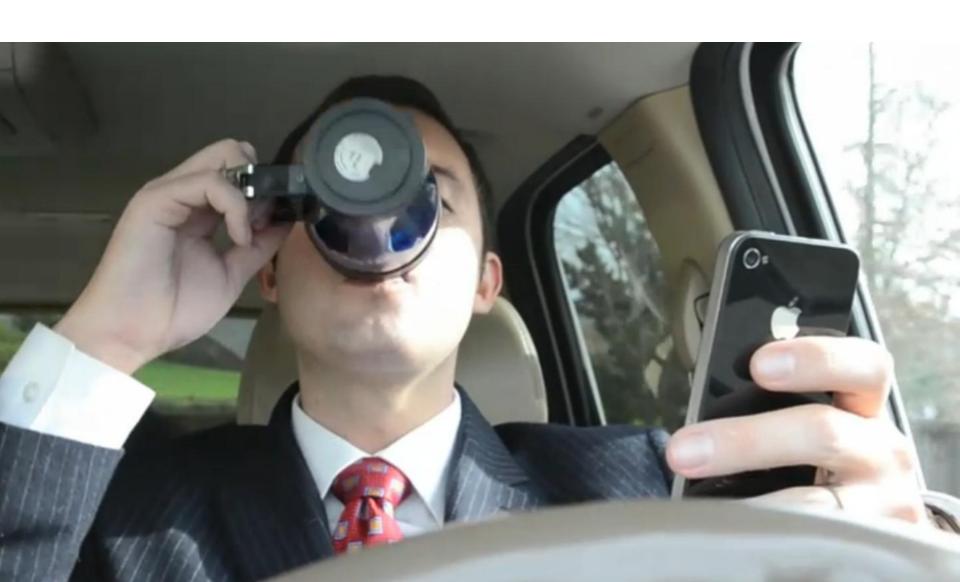
the **whole** team



Attention to Context and Independence

- 1. Ask (yourself) the question: when is this used. Where in the room. Why they pick it up and open it.
- 2. Can they do it by themselves FULLY If not, what can they do independently?

Time and context of family members



Motivation



Simplicity and Adaptive design

- Resist temptation to add features (buttons)
 - Think clickless!!
- Consider that people do learn, especially when motivation is high

Whatsup



Let's you share pictures or short text messages with people you care about.

Active Lifestyle





Active Brain



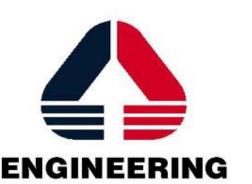


Virtual Social Gym

- With ETH, Philips, Engineering, TUD, SI –
 Cologne
- Support ipad-controlled training by giving feeling of a social gym where other people train









Timeline

La Biografia di Giovanni!









Sono Nato!

Dove: Rome, Italy. Quando: July 15th, 1945.

La Storia

Era un autunno caldo in 1945...

Explore this Experience!

Per questo prototipo, solo questa esperienza e disponibile per esplorare il contesto



Il mio primo Baccio!

Dove: Una bella serata nella spiaggia **Quando:** Febrero 14, 1950.

La Storia.

Era un giovanotto ancora, ma ero inamorato...

Explore this Experience!



Il mio primo viaggio

Dove: Parigi, Francia. Quando: Primavera, 1953.

La Storia.

La prima volta che sono salito ad un aereo nella mia vita...

Explore this Experience!



Crowdsourcing

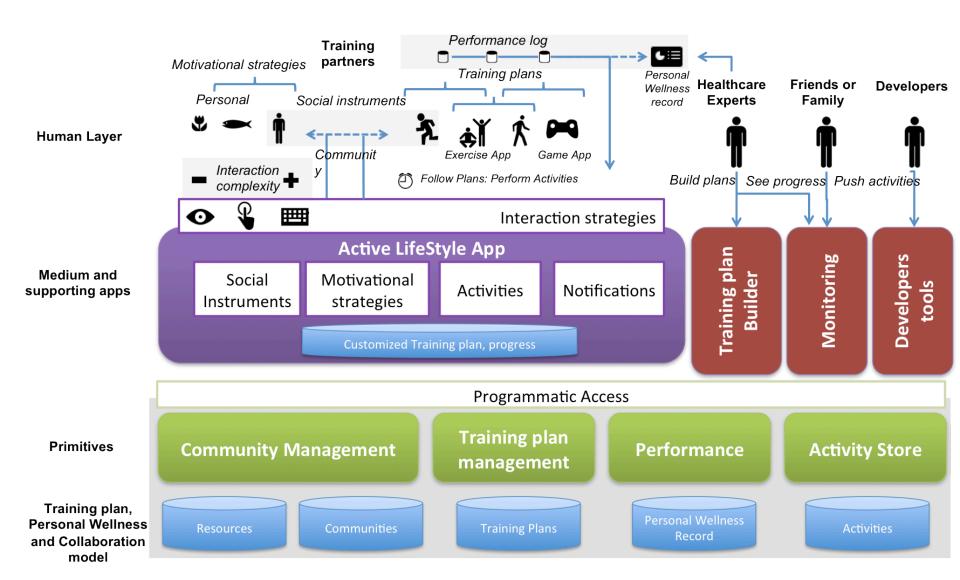
Task Info:

[before] Message [after]

- Contribute at will, what they want when they want for how long they want
 - IT-mediated persuasion
 - Proudness, more knowledge, possibly train the mind
 - Be at the center of attention, have a story to tell
 - Excuse to connect
 - Can be open, or group-based (groups of people who help each other)

Logout

Ingredients



Education: designquality.it











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THANKS